

Facials

H. R. Wellness Ultrasonic Facial – we put our name on this one because it is one of our favorites due to its gentleness and INSTANT VISIBLE RESULTS! For those seeking instant results and long term benefits without downtime, this is the recommended facial. This is a great choice before a special event \$130

Stem Cell Rescue Facial – for aging concerns like lines and wrinkles, sluggish or stressed skins (safe for oncology care). This REPAIRING facial de-stresses skin as it lifts, firms and hydrates \$90

Peptide Vitality Facial – for moderate aging concerns such as fine lines, wrinkles and rough texture. This FIRMING facial hydrates and soothes as it helps relax lines, wrinkles, strengthens and tones tired skin \$85

Vitamin C Facial – for those wishing to prevent or treat the first signs of aging. This NOURISHING facial uses high levels of antioxidants to leave skin soft, hydrated and glowing \$75

Soothing Facial – for sensitive, dry, irritated skins (excellent for oncology care). This CALMING facial reduces irritation, redness and dryness. Gentle exfoliation helps to smooth and soften skin before it is soothed and protect \$75

Skin Brightening Facial – for pigmentation issues and uneven skin tone, dull skin, or post acne marks. This BRIGHTENING facial helps even skin tone for a brighter more youthful look. It also calms, reduces redness and inflammation left after acne breakouts \$75

Clarifying Facial – for clogged pores and oily skin prone to adult breakouts. This DEEP CLEANSING facial helps unclog pores, reduce oiliness and helps prevent future breakouts \$75

Teen Acne Facial – for teen hormonal breakouts, oily skin and irritation. This ACNE REDUCING facial reduces blackheads, kills bacteria, balances oil and helps repair skin irritation after breakouts (may include ultrasound and/or high-frequency at no additional charge). Education also included \$60

Prepaid series of 6 gets one free \$300

Essential Wellness Facial – for everyone, this BALANCING facial helps promote healthy skin. You'll notice an instant lift, smoother softer feel and see an improvement in moisture retention \$65

The Refresher – this BALANCING facial includes a cleansing, enzyme exfoliation and hydration designed to refresh your appearance and give you your glow back (does not include extractions, massage or mask) \$45

Children's Chocolate Facial (ages 12 and under) – a first INTRODUCTION to skin care. We cleanse, gently exfoliate, hydrate and educate about cleansing and sun protection (does not include extractions). . \$35

Consultation – Required before your first chemical peel and includes a patch test and pre-peel homecare recommendations \$10

Chemical Peel – depending on the peel selected, a chemical exfoliation can help reduce lines wrinkles, age spots and acne, it can also smooth, firm and rebalance for a younger look.

A peel helps shed old damages skin and stimulate repair. Some redness, warmth and peeling may or may not be visible during the days following a peel. Proper homecare is a must \$90

Meta Therapy / Micro-needling – for all skins, this noninvasive FIRMING treatment works with your body to achieve skin rejuvenation from within. Also known as the "facelift alternative", it is targeted to your goals whether it is to firm, lessen lines, reduce age spots or acne .. \$125
Series of 8 (save \$200) \$800

Massage & Wellness

Wellness Escape – for those who suffer with dry skin or before a romantic getaway. This FULL BODY TREATMENT appeals to all of your senses. A citrus and herb scrub re-mineralizes and polishes the skin followed by a hot stone massage using soothing and nourishing botanicals. A special moisturizing cream banishes dry skin, leaving your skin soft, supple and sexy for days. \$135

Aromatherapy Massage with Facial – why choose between these two favorite services when you can have both for less? Perfect gift for that someone special or for your own self care ritual..... \$115

Reflexology Foot Massage – for those with sore feet or who need deep relaxation for body and mind. This ancient healing technique stimulates over 7,000 nerve endings on the feet to improve energy flow to affect the entire body. Mental stress is diminished, the body relaxes and feet are left energized. \$70

Back Facial – this "facial" cares for your most hard to reach area includes extractions, if desired \$55

Headache Reliever – this aromatherapy SCALP massage help lessen most types of headaches including those caused by stress, sinus congestion and hormones \$40

Hot Stone Massage – 90 minutes \$120

Aromatherapy Massage – 90 minutes \$98

Massage – 90 minutes \$95

Massage – 60 minutes \$70

Back Massage – 30 minutes, great alone or as a nice addition to a facial \$40

Children's Lavender Massage (ages 12 and under) – is a first INTRODUCTION to massage to help relax and destress. We use calming lavender oil to massage your scalp, hands and feet \$30

Hands & Feet

We sterilize! See our website for more information on how we keep you safe.

Problem Solver Pedicure – this PROBLEM SOLVING pedicure helps reduce calluses, cracked heels, rough skin, peeling skin, foot odor or aches & pains. Your customized treatment targets your specific concerns using our amazing Footlogix line. Polish included, if desired \$55

Wellness Spa Pedicure – this pedicure goes beyond the basics. Your pedicure includes all of the basics with the addition of your choice of seasonal aromatherapy, a hot stone massage and moisture mask. Polish included, if desired \$60

Pedicure – this is a classic pedicure. Polish included, if desired ... \$45

Sports Pedicure – for basic grooming of the feet we include nail and cuticle grooming, callus smoothing and an energizing massage to awaken tired feet (polish not included) \$40

Children's Pedicure (12 and under) – this is a treat for young feet. Your child can choose a scent for their foot soak before we file the nails, apply lotion and a fun polish color, if desired \$15

Wellness Spa Manicure – classic manicure with the addition of choice of seasonal aromatherapy, sugar scrub, hot towels, massage, paraffin, and polish if desired \$32

Manicure – classic manicure with polish \$22

Sports Manicure – for grooming the hands we include a skin softening scrub, nail and cuticle care and end with a relaxing hand massage \$20

Children's Manicure (ages 12 and under) – includes a chocolate scrub, nail shaping, lotion application and polish, if desired. \$10

Gel Polish Application – for a longer lasting manicure. Please remember to also book a gel polish removal if you are currently wearing gel polish \$35

Gel Polish Removal \$10